

Module B3 Quiz: Continuing Boundary Skills, Assertiveness & Self-Protection

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| Question 1: In your own words, what is “grooming” behavior? |
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| Question 2: Explain how a person can use the verbal Repetition Technique when someone approaches them, and they get “Uh-Oh” feelings. |
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| Question 3: Describe a non-dangerous example of using the Repetition Technique to set a boundary with a friend. |
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| Question 4: Compare for yourself which kicks or strikes feel best or strongest in your own body and write about one kick or strike. |
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| Question 5: Write about one body grab release skill that you practiced and describe in your own words what you learned. |
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| Question 6: What will you remember most from this lesson? |
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Module B3 Quiz Answer Key

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| Question 1: |
| An offender tries to trick a young person into believing they want abuse by gradually crossing more boundaries over time. They may try to convince a teen that they deserve the abuse or like it. |
| Accept all relevant student ideas or descriptions. |
| Question 2: |
| Face an attacker in an assertive stance, set a verbal boundary, “I don’t want to talk” in a loud, clear voice, and keep repeating it until the attacker goes away. Or, you can leave assertively and go to a safe place. |
| Question 3: |
| You can use the repetition technique with a friend to set a boundary like, “Don’t take my stuff out of my desk without asking,” and if they make an excuse, you repeat it until they put the stuff back and apologize. |
| Accept all relevant student explanations. |
| Question 4: |
| Accept student self-evaluation and description. |
| Question 5: |
| Wrist release, back bear hug releases with arms pinned or arms free. |
| Accept all relevant student explanations. |
| Question 6: |
| Accept all relevant student explanations. |